

Durham Phoenix Fencing Club

Salle Safety Rules

1. **NEVER** point a weapon at someone who isn't wearing a mask.
2. **ALWAYS** carry your weapon pointing to the ground or by the point. (When not fencing).
3. **DON'T** run with a weapon.
4. **WATCH** what others are doing and avoid getting too close to the action. (When not fencing).
5. **HALT!** means **STOP WHAT YOU ARE DOING NOW!**
(when shouted loudly, especially by a coach)
 - Stop immediately.
 - Don't take your mask off.
 - Don't do anything sudden.
(like spin round to see what's happening)
6. **DO** put your weapon down before putting your mask on
(unless/until you can put a mask on with one hand.)
7. **NEVER** fence with damaged kit. **DO** tell a coach about any damage: missing weapon tips, holes in jackets, broken blades, broken zips etc.
8. **ALWAYS** check your kit and your opponent's kit is present and undamaged before fencing with them:
Mask, plastron, jacket, glove, button/tip, zips fastened etc.

